

EAST SIDE HEALTH DISTRICT
preventive health & education services



Public Health
Prevent. Promote. Protect.

2014

Annual Report

Greetings:

East Side Health District is committed to motivating residents to live healthy, active lifestyles through promoting good health practices, protecting communities from disease and preventing illness and injuries in Canteen, Centreville, East St. Louis and Stites Townships.

The vision of East Side Health District is to be a catalyst for the surrounding communities by cultivating wellness, community empowerment and policy change through client service, education and cross-organizational collaboration.

The State of Illinois is in a state of transition. Many changes and challenges lay before us. One constant is the commitment of East Side Health District to stand strong during fiscal challenges that affect the continued operation of its public health sector. I am proud to announce that East Side Health District has continued to provide quality preventive care services and innovative ideas to bring health care to our community.

2014 Accomplishments:

1. Championing the Affordable Care Act as one of the top providers of 2014.
2. ESHD Emergency Preparedness & Communicable Disease staff participated in regional Ebola preparedness training.
3. Through the Complete Streets initiative, ESHD partnered with the East St. Louis Park District resulting in the Park District adopting a Complete Streets Resolution.
4. Expanded Dental outreach services to Lessie Bates Back to School Program.
5. The Dental Department provided nearly 1,000 preventive dental services to school aged children ages 2-19 years of age and provided over 1700 first and second molar sealants.
6. Dr. Lewis initiated the HRSA reinstatement successfully for Dental in the East St. Louis area, which is needed for local agencies to become a loan repayment site.
7. Volunteered in the Remote Area Medical Initiative at the Jackie Joyner-Kersey Center by providing Dental exams, assisting with the Vision Clinic, and general volunteer duties.
8. Administrator Whiteside completed training as a Master Gardener and U of I New Beginning Farmer Initiative.
9. The Kaleidoscope clinic was given kudos from the Center for Disease Control (CDC) and Health Resources Service Administration (HRSA) for a startup Youth Center and was termed on target in less than a year.
10. School Base Health Center staff received kudos from Southern Illinois Healthcare Foundation for an easy transition to the Electronic Health Records system.
11. The F.R.E.S.H. Community Teaching Garden was awarded a \$150,000.00 grant for the erection of the RED Barn which will be built during 2015.
12. Tree Planters of America in conjunction with the Illinois American Water Company held a fruit tree planting class and installed a small fruit orchard on the East Side Health District campus.

The Health Department is an integral part of the community. East Side Health District will continue to promote, protect and serve the citizens. Therefore, it is with great pleasure that the staff of East Side Health District would like to extend a "THANK YOU" to the Board of Health and all of the citizens within our jurisdiction and present our 2014 Annual Report for review.

Your public servant,

Elizabeth Patton-Whiteside

Public Health Administrator

EAST SIDE HEALTH DISTRICT
BOARD OF HEALTH

Mark Kern, President	County Board Chairperson
Vanessa Chapman, Treasurer	Stites Township Supervisor
Oliver Hamilton	ESL Township Supervisor
Norman Miller	Canteen Township Supervisor
Curtis McCall	Centreville Township Supervisor
Phil Rice	Attorney
Elizabeth Patton-Whiteside	Public Health Administrator
Dr. Theodore Ross	Medical Director

EAST SIDE HEALTH DISTRICT
ADMINISTRATION & ADMINISTRATORS

Hardy Ware Assistant Administrator	Finance
Myla Oliver-Blandford, Assistant Administrator	Environmental Health
Rosalind Ross Assistant Administrator	Operations
Lynn Shelton, Director	Nursing
Bhagya Kolli, Director	WIC
Williamenia Allen, Director	STD/HIV
Ruby Allen-Ellis, Program Manager	Affordable Care Act
Lamont Jones, Program Manager	Health Education
Regina Washington, Program Manager	Family Case Management
Debra Verges, Program Manager	Environmental Health
Diana Cummings, Program Manager	Vivian Adams SBHC
Teresa Johnson, Program Manager	East Side High & Cahokia High SBHC

WIC PROGRAM SERVICES

Bhagya Kolli, Director

WIC is a special supplemental nutrition program for women, infants & children helping pregnant, postpartum & breast feeding women, infants & children up to the age of 5 to improve family health with good nutrition:

- Nutrition Education
- Health Screenings
- Breast Feeding Support

NUTRITIOUS FOOD & REFERRAL TO OTHER SERVICES

Client Certified	3757
Food Instruments Issued	45624
Clients Receiving Group/ Individual Sessions	9852
Internet Education	45
Clients Receiving Follow Up	3500

FAMILY CASE MANAGEMENT PROGRAM

Regina Washington, Program Manager

Case Management Services help pregnant women, infants & children. Health care & social service needs are met through advocacy & referrals.

DCFS Children Enrolled	75
Better Birth Outcome (BBOP)	252
Pregnant Women & Infants	1278
APORS	53

NURSING SERVICES

Lynn Shelton, Director

GENETICS

Family members can request information on inherited medical conditions. Counseling, education and referral services are offered.

Family Referral/Follow up	231
Screening Tools Completed	860
Positive Indicators	557

OTHER CHILD & ADOLESCENT SERVICES

By appointment we provide community residents with preventive & screening services for children & adolescents from birth to age 19.

IMMUNIZATIONS, WELL CHILD EXAMS & PHYSICALS

- Immunizations for infants & school aged children & adults.
- Well child exams for children up to age 5, including health history, lab work & immunizations.
- School physicals for students in kindergarten through high school. (A fee may be required)
 - Adult Physicals. (Fee required)

Ages 0- 2	312
Ages 3- 18	1240
Ages 19 & Older	560
TB Tests	655
Physicals	505

LEAD POISONING PREVENTION PROGRAM

Lead screening for preschool age children, and identification & medical management of lead poisoning in young children.

Clients Screened for Lead	2180
Number Elevated (10 & above)	39
Environmental Inspections	8

SCHOOL BASED CLINICS

Located in two high schools & one pre-school, these clinics provide health education & health care services to students.

- Physical Examinations.
- Health education & counseling.
- Medical & social service referrals.
- Sexually transmitted disease testing & treatment.
 - Abstinence education.
 - Laboratory testing.
 - WIC services.

EAST ST. LOUIS HIGH SCHOOL

Teresa Johnson, RN, Program Manager

Sports Physicals	352
Complaints of Illness	280
Behavioral Health	55

CAHOKIA HIGH SCHOOL
Teresa Johnson, RN, Program Manager

Physical Exams	171
Sports Physicals	262
Complaints of Illness	326
Behavioral Health	91

VIVIAN ADAMS
Diana Cummings, RN, Program Manager

Preschool based clinic offering health care services & health education

Physical Exams	291
Sick Visits	135

COMMUNICABLE DISEASE SERVICES

Reduces the spread of disease through prevention education & specific diagnostic services. Clients are monitored for:

- Childhood communicable diseases.
 - Food borne illnesses.
 - Sexually transmitted diseases.
 - HIV/AIDS

NUMBERS IDENTIFIED

Legionnaires Disease	1
Hepatitis C	71
MRSA Community Cluster Case	2
Salmonellosis	9
Shigellosis	37
Mumps	1
Strep Invasive Group A	1
Spotted Fever Rickettsioses	1

Pertussis	1
-----------	---

BREAST & CERVICAL CANCER PROGRAM

New Patients	23
Established Patients	75
Pap Test	27
Clinical Breast Exams	66

DENTAL HEALTH PROGRAM

Dr. Carla Lewis-Longley

Dental exams, cleanings, fluoride treatments, sealants & referrals for children age 2- 19.

Clinic

Number of Clinic Exams	286
Clinic Fluoride Treatments	178
Number of Prophylaxes	206
Number of Sealants	356
Number of Sealant Patients	84

Schools

Number of School Exams & Prophylaxes	698
School Fluoride Treatments	489
Number of School Sealants	1360
Number of School Sealant Patients	407

STI/HIV

Williamenia Allen, Director

SEXUALLY TRANSMITTED DISEASE PROGRAM

A CONFIDENTIAL service for individuals:

- Who have a sexually transmitted disease.
- Who suspect they have a sexually transmitted disease.
- Who may have had contact with an infected person.

The STD clinic offers diagnosis, treatment, education & condoms to prevent the spread of STI's.

Total Seen In STD Clinic	2149
--------------------------	------

TESTS PERFORMED

Gonorrhea/Chlamydia	1875
Syphilis	1773
Herpes Cultures (discontinued)	16
HIV Testing	1698
Risk Assessment Surveys	1910

VACCINATIONS

Hepatitis A Vaccine	182
Hepatitis B Vaccine	48

RYAN WHITE MEDICAL CASE MANAGEMENT SERVICES

HIV COUNSELING & TESTING SERVICES

Free confidential services for persons who may have been exposed to the Human Immunodeficiency Virus (HIV), the virus that results in AIDS.

HIV Counseling & Testing Encounters	920
RESPECT Risk Reduction Counseling	2500

HIV CASE MANAGEMENT

Provides case management services to HIV infected individuals & families & links clients with housing, medical assistance, transportation, nutrition assistance, medication assistance & other care needs.

Clients Case Managed	123
Program Contacts	870

Kaleidoscope Youth Center

Co-located Youth center geared towards young Black MSM between the ages of 13-24, offering safe harbor for activities, socialization, and clinical services including STD/HIV testing, psychosocial support and Dental care.

Registrants	85
-------------	----

Dental visits	32
HIV outreach testing	14
Psychosocial visits	10
Group Support visits	96
Health Assessments	11
CRAFFT Substance Abuse Screening	11
Drop in activities	29

ENVIRONMENTAL HEALTH

Myla Oliver-Blandford, Assistant Administrator

The Environmental Health Division is responsible for implementing environmental health programs that protect & educate the public. These programs involve regulatory inspections, mosquito disease surveillance & public education material.

- Food Service Establishment operations.
 - Food Safety.
 - Summer Food Program.
- Private Sewage System permitting & inspection.
- Water Well permitting, inspections & sampling.
 - Mosquito disease surveillance.
 - Vector Control Program.
 - Public Nuisance Investigations.
 - Tanning Facility Inspections.
- Tobacco Cessation Education & Outreach
- Emergency Preparedness & Response Planning

Food Inspections (permitted facilities)	679
Summer Food Inspections	25
Private Sewage Systems Permits Issued	4
Water Well Permits Issued	120
Water Samples	37
Mosquito Batch Testing for WNV	80
Private Sewage System Consultations/Complaint Investigations	47
Nuisance & Vector Consultations/Complaints Investigations	37
Temporary Food Establishment Training & Inspections	76
Tobacco Cessation Education & Outreach Events	50
Food Service Consultations/Complaints Investigations	224

VITAL RECORDS

Birth & death records are maintained at the District's 20th Street Administration office. An official record is maintained of each birth and each death occurring in the Districts service area.

A fee is charged for this service. State regulations determine who may obtain a birth or death record. Certificates are available to authorized persons at the 650 N. 20th Street Administration office.

Deaths	519
Births	291

HEALTH EDUCATION PROGRAS

Lamont Jones, Program Manager

COORDINATED SCHOOL HEALTH

Schools served: Gordon Bush Elementary, James Avant Elementary, Katie Wright Elementary, Officer Elementary

Students Served	520
Health Festival Participants	520
Community Members/Parents	60

SUBSTANCE ABUSE PREVENTION

In partnership with School District 189 in schools – Lincoln Middle, Clark Middle,

Students Served	800

PROSTATE CANCER

Health fairs and informational festivities were held throughout the jurisdictional boundaries of East Side Health District to provide services to males regardless of military status, economic status or racial status.

Men Tested	156
Health Festival Participants	
Citizens Educated	1165

AFFORDABLE CARE ACT

Ruby Allen-Ellis, Program Manager

Recognizing their vital role in assuring affordable health care for the clients and communities, East Side Health District (ESHD) in partnership with the Illinois Association of Public Health Administrators joined 76 other health departments to direct and operate the Affordable Care Act In-Person Counseling Program thereby becoming an integral part of the Get Covered Illinois' Assister Network. ESHD employed 12 In-Person Counselor/Navigators to enroll residents into Health Insurance in the St. Clair County and Southern Illinois region.

In-Person Counselors	12
Clients enrolled, thus far	2601

F.R.E.S.H FARMER'S MARKET

Doris Stewart, Volunteer Manager

The F.R.E.S.H. FARMER'S MARKET (FFM) is open seasonally from June through October. It consists of three farm vendors, F.R.E.S.H. Community Teaching Garden, Gommilla and Lehr farms. Produce for the market was supplemented by the DeMange, Breaudigaum, Keller and Johnson farms. The FFM accepts EBT - LINK, Credit, Debit, Cash, WIC, Senior & Catholic Urban Program Summer Food Vouchers.

WIC Vouchers Redeemed	\$ 794.00
Senior Vouchers Redeemed	\$1525.00
CUP Vouchers Redeemed	\$ 315.00
Cash/Credit/Debit Transaction	\$2096.05
LINK Transaction	\$ 123.75



EAST SIDE HEALTH DISTRICT

Schedule of Revenues & Expenditures

Year Ended June 30, 2014

REVENUES

Property Taxes

\$178,836

Replacement Taxes

\$146,710

Fees

\$276,876

State & Local Grants

\$1,378,745

Federal Pass Through Grants

\$2,279,692

Miscellaneous Income

\$4,630

Vending Income

\$987

Total General Revenues

\$4,539,576

EAST SIDE HEALTH DISTRICT

Schedule of Revenues & Expenditures
Year Ended June 30, 2014

EXPENDITURES

Administration	\$342,060
Dental Health	\$191,185
Family Case Management	\$720,839
WIC	\$612,526
WIC BF/Peer Counseling	\$56,629
Diabetes	\$0
Public Health Preparedness	\$91,602
Nursing/Well Child	\$353,980
Coordinated School Health	\$23,757
Tobacco	\$28,644
Disease Control	\$847,696
Genetics	\$25,391
Lead	\$21,179
Environmental Health	\$338,970
Healthy Street	\$14,119
Project Youth (REACH)	\$53,161
Vector Control	\$23,580.00
Family Planning	\$20,454
School Based Health Centers	\$290,940
Substance Abuse	\$126,046
Debt Service	\$20,454
TOTAL REVENUES	\$4,539,576
TOTAL EXPENDITURES	\$4,484,147
EXCESS (DEFICIENCY)	\$55,429

EAST SIDE HEALTH DISTRICT

Locations



Serving the Residents of
CANTEEN TOWNSHIP
CENTREVILLE TOWNSHIP
EAST ST. LOUIS TOWNSHIP
STITES TOWNSHIP

ADMINISTRATION BUILDING
650 North 20th Street
East St. Louis, IL 62205
(618)271-8722

CAHOKIA SCHOOL BASE CLINIC
800 Range Lane Annex Building
Cahokia, IL 62206
(618)337-3117

CAHOKIA CLINIC
1274 Camp Jackson Rd.
Cahokia, Illinois 62206
(618) 337-4178

EAST ST. LOUIS CLINIC
638 North 20th Street
East St. Louis, IL 62205
(618) 874-4713

EAST ST. LOUIS SENIOR HIGH
SCHOOL BASE CLINIC
4901 State Street
East St. Louis, Il 62205
(618) 482-4562

VIVIAN ADAMS
EARLY CHILDHOOD CENTER CLINIC
501 North 10th Street
East St. Louis, IL 62201
(618) 646-3296

WASHINGTON PARK CLINIC
5540 Bunkum Road
Washington Park, IL 62204
(618) 874-4627

FAIRMONT CITY CLINIC
2568 North 41st
Fairmont City, IL 62201
(618) 271-7550