

EAST SIDE HEALTH DISTRICT
preventive health & education services



Public Health
Prevent. Promote. Protect.

2016

Annual Report

Greetings:

East Side Health District is committed to motivating residents to live healthy, active lifestyles through promoting good health practices, protecting communities from disease and preventing illness and injuries in Canteen, Centreville, East St. Louis and Stites Townships.

The vision of East Side Health District is to be a catalyst for the surrounding communities by cultivating wellness, community empowerment and policy change through client service, education and cross-organizational collaboration.

The State of Illinois continues to be faced with fiscal challenges that affect the continued operation of its public health sector. I am proud to announce that East Side Health District has continued to provide quality preventive care services and innovative ideas to bring health care to our community.

2016 Accomplishments:

1. Dental services expanded into the Lovejoy and Venice School Districts
2. Dental Department formed an affiliation with The Children's Oral Health Institute of Maryland to launch the Lessons in a Lunch Box Program
3. Entered into an agreement under the CAPUS grant to provide dental services to CAPUS clients and the mobile School Based Health van
4. Awarded the Affordable Care Act grant to temporarily employ twelve In-Person Counselors and one manager to enroll citizens through the Health Insurance Marketplace
5. ESHD Emergency Preparedness & Communicable Disease staff participated in a dispensing exercise with Bond County Health Department in September and the full- scale, Cahokia Airport exercise in November.
6. The F.R.E.S.H. Community Teaching Garden hosted the Urban Mission Experience Youth Group from the Church of Mineral Point, Mineral Point Wisconsin for their garden experience, the ESL & Emerson Park Charter School Teen Summer Empowerment Program, the Washington University community service day, The Emerson Park Charter School Science Program, received an American flag and pole from the St. Clair County Rotary Club and partnered with the Cooley Farm of Carlyle, Illinois.
7. The F.R.E.S.H. Farmer's Market received a governmental grant to allow the usage of EBT.
8. The F.R.E.S.H. Farmer's Market received funding under the LINK UP ILLINOIS program that allowed doubling of produce purchased with LINK card purchases.

The Health Department is an integral part of the community. East Side Health District will continue to promote, protect and serve the citizens. Therefore, it is with great pleasure that the staff of East Side Health District would like to extend a "THANK YOU" to the Board of Health and all of the citizens within our jurisdiction and present our 2013 Annual Report for review.

Your public servant,

Elizabeth Patton-Whiteside

Elizabeth Patton-Whiteside, RN, BSN, MBA
Public Health Administrator

EAST SIDE HEALTH DISTRICT
BOARD OF HEALTH

Mark Kern, President	County Board Chairperson
Vanessa Chapman, Treasurer	Stites Township Supervisor
Oliver Hamilton	ESL Township Supervisor
Norman Miller	Canteen Township Supervisor
Curtis McCall	Centreville Township Supervisor
Phil Rice	Attorney
Elizabeth Patton-Whiteside	Public Health Administrator
Dr. Theodore Ross	Medical Director

EAST SIDE HEALTH DISTRICT
ADMINISTRATION & ADMINISTRATORS

Myla Oliver-Blandford, Assistant Administrator	Environmental Health
Rosalyn Ross, Assistant Administrator	Operations
Hardy Ware, Assistant Administrator	Finance
Lynn Shelton, Director	Nursing
Bhagya Kolli, Director	WIC
Williamenia Allen, Director	STD/HIV
Lamont Jones, Program Manager	Health Education
Regina Washington, Program Manager	Family Case Management
Diana Cummings, Program Manager	Vivian Adams SBHC
Teresa Johnson, Program Manager	Wyvetter Younge Middle & Cahokia SBHC

WIC PROGRAM SERVICES

Bhagya Kolli, Director

WIC is a special supplemental nutrition program for women, infants & children helping pregnant, postpartum & breast feeding women, infants & children up to the age of 5 to improve family health with good nutrition:

- Nutrition Education
- Health Screenings
- Breast Feeding Support

NUTRITIOUS FOOD & REFERRAL TO OTHER SERVICES

Client Certified	7425
Food Instruments Issued	43920
Clients Receiving Group/ Individual Sessions	10056
Internet Education	65

FAMILY CASE MANAGEMENT PROGRAM

Regina Washington, Program Manager

Case Management Services help pregnant women, infants & children. Health care & social service needs are met through advocacy & referrals.

DCFS Children Enrolled	85
Better Birth Outcome (BBOP)	244
Pregnant Women & Infants	1222
APORS	89

NURSING SERVICES

Lynn Shelton, Director

GENETICS

Family members can request information on inherited medical conditions. Counseling, education and referral services are offered.

Family Referral/Follow up	142
Screening Tools Completed	754
Positive Indicators	539

OTHER CHILD & ADOLESCENT SERVICES

By appointment we provide community residents with preventive & screening services for children & adolescents from birth to age 19.

IMMUNIZATIONS, WELL CHILD EXAMS & PHYSICALS

- Immunizations for infants & school aged children & adults.
- Well child exams for children up to age 5, including health history, lab work & immunizations.
- School physicals for students in kindergarten through high school. (A fee may be required)
 - Adult Physicals. (Fee required)

Ages 0- 2	275
Ages 3- 18	1763
Ages 19 & Older	460
TB Tests	674
Physicals	520

LEAD POISONING PREVENTION PROGRAM

Lead screening for preschool age children, and identification & medical management of lead poisoning in young children.

Clients Screened for Lead	1913
Number Elevated (10 & above)	34
Environmental Inspections	2

SCHOOL BASED CLINICS

Located in two high schools & one pre-school, these clinics provide health education & health care services to students.

- Physical Examinations.
- Health education & counseling.
- Medical & social service referrals.
- Sexually transmitted disease testing & treatment.
 - Abstinence education.
 - Laboratory testing.
 - WIC services.

EAST ST. LOUIS HIGH SCHOOL
Teresa Johnson, RN, Program Manager

Sports Physicals	225
Complaints of Illness	226
Behavioral Health	18

CAHOKIA HIGH SCHOOL
Teresa Johnson, RN, Program Manager

Physical Exams	392
Sports Physicals	429
Complaints of Illness	489
Behavioral Health	25

VIVIAN ADAMS
Diana Cummings, RN, Program Manager

Preschool based clinic offering health care services & health education

Physical Exams	315
Sick Visits	184

COMMUNICABLE DISEASE SERVICES

Reduces the spread of disease through prevention education & specific diagnostic services. Clients are monitored for:

- Childhood communicable diseases.
 - Food borne illnesses.
 - Sexually transmitted diseases.
 - HIV/AIDS

NUMBERS IDENTIFIED

Ecoli 0157:H7	1
Hepatitis C	50
Hepatitis B	7
Salmonellosis	6
Shigellosis	1
Haemophilus Influenzae, Invasive	1
Strep Invasive Group A	2
Lyme Disease	1

Pertussis	2
Potential Human Rabies Exposure	1

BREAST & CERVICAL CANCER PROGRAM
Nina Robinson-Dorris, Case Manager Assistant

New Patients	36
Established Patients	136
Pap Test	61
Clinical Breast Exams	151

DENTAL HEALTH PROGRAM

Hardy Ware, Assistant Administrator

Dental exams, cleanings, fluoride treatments, sealants & referrals for children age 2- 19.

Clinic

Number of Clinic Exams	235
Clinic Fluoride Treatments	168
Number of Prophylaxes	206
Number of Sealants	264
Number of Sealant Patients	172

Schools

Number of School Exams & Prophylaxes	685
School Fluoride Treatments	627
Number of School Sealants	1248
Number of School Sealant Patients	358

STD/HIV

Williamenia Allen, Director

SEXUALLY TRANSMITTED DISEASE PROGRAM

A CONFIDENTIAL service for individuals:

- Who have a sexually transmitted disease.
- Who suspect they have a sexually transmitted disease.

- Who may have had contact with an infected person.

The STD clinic offers diagnosis, treatment, education & condoms to prevent the spread of STI's.

Total Seen In STD Clinic	2311
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TESTS PERFORMED

Gonorrhea/Chlamydia	1887
Syphilis	1934
Herpes Cultures	23

VACCINATIONS

Hepatitis A Vaccine	213
Hepatitis B Vaccine	140

RYAN WHITE MEDICAL CASE MANAGEMENT SERVICES

HIV COUNSELING & TESTING SERVICES

Free confidential services for persons who may have been exposed to the Human Immunodeficiency Virus (HIV), the virus that results in AIDS.

HIV Counseling & Testing Encounters	1682
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HIV CASE MANAGEMENT

Provides case management services to HIV infected individuals & families & links clients with housing, medical assistance, transportation, nutrition assistance, medication assistance & other care needs.

Clients Case Managed	120
Program Contacts	943

FAMILY PLANNING PROGRAM – ENDED 6-30-13

Family Planning services are provided in the form of counseling/education & dispensing of birth control devices with the intent to decrease the occurrence of unplanned pregnancies.

Visits	115
New Patients	58
Contraceptives Dispensed	435
Counseling/Education Sessions	626

TESTS PERFORMED

Pregnancy Tests	89
GC/Chlamydia Tests	110
Syphilis Tests	50

ENVIRONMENTAL HEALTH

Myla Oliver-Blandford, Assistant Administrator

The Environmental Health Division is responsible for implementing environmental health programs that protect & educate the public. These programs involve regulatory inspections, mosquito disease surveillance & public education.

- Food Service Establishment operations/permitting.
 - Food Safety.
 - Summer Food Program.
- Temporary Food Operations education & permitting
 - Private Sewage System permitting & inspection.
 - Water Well permitting, inspections & sampling.
 - Mosquito disease surveillance.
 - Vector Control Program.
 - Public Nuisance investigations.
 - Tobacco Cessation education & outreach.
- Emergency Preparedness & Response planning.

Food Inspections (permitted facilities)	630
Summer Food/Adult Care Program Inspections	38
Temporary Food Establishment Inspections	60
Educational Trainings administered on Food Safety	26
Food Service Consultations/ Complaint Investigations	76
Private Sewage System Permits Issued	6
Private Sewage System Consultations /Complaint Investigations	31
Water Well Permits Issued	10
Water Samples	15
Mosquito Batch Testing for WNV	43
Larvicide Applications	192
Nuisance & Vector Consultations/Complaint Investigations	17
Tobacco Cessation Education & Outreach Events	40

VITAL RECORDS

Birth & death records are maintained at the District's 20th Street Administration office. An official record is maintained of each birth and each death occurring in the District's service area.

A fee is charged for this service. State regulations determine who may obtain a birth or death record. Certificates are available to authorized persons at the 650 N. 20th Street Administration office.

Deaths	471
Births	213

HEALTH EDUCATION PROGRAMS

Lamont Jones, Program Manager

CATCH

The CATCH curriculum helps students to become physically active & help lead healthier lifestyles. East Side Health District has one certified CATCH trainer to implement curriculum in the schools.

Students Served	1105
Staff Served	47
Community Members Served	85

COORDINATED SCHOOL HEALTH

In partnership with School District 189 and the We Choose Health Committee of St. Clair County, health educators completed CATCH training in two schools – Katie Wright Elementary (530 students, 23 teachers) and James Avant Elementary (525 students, 25 teachers).

Students Served	1055
Staff Served	47
Community Members Served	65

SUBSTANCE ABUSE PREVENTION

In partnership with School District 189 in schools – Lincoln Middle, Clark Middle, Wyvetter Young and East St. Louis Senior High School – 200 students were serviced at each school.

Students Served	800
Health Festival Participants	1103

PROSTATE CANCER

October 1 – December 31, 2013

Health fairs and informational festivities were held throughout the jurisdictional boundaries of East Side Health District to provide services to males regardless of military status, economic status or racial status.

Men Tested	40
Health Festival Participants	305
Men Educated	305

AFFORDABLE CARE ACT

Ruby Allen-Ellis, Program Manager

Enrollment of citizens within St. Clair County via the Health Insurance Marketplace for the Affordable Care Act, commonly known as “Obamacare”. Project began in November 2013 and ends on March 31, 2014

In-Person Counselors	13
Clients enrolled, thus far	260

F.R.E.S.H FARMER’S MARKET

Anthony Whiteside, Volunteer Manager

The F.R.E.S.H. FARMER’S MARKET is open seasonally from June through October. It consisted of three farm vendors, F.R.E.S.H. Community Teaching Garden, Gommilla and Lehr farms. Produce for the market was supplemented by the DeMange, Breaudigaum, Keller and Eckert farms. The F.R.E.S.H. FARMER’S MARKET accepted EBT - LINK, Credit & Debit, WIC, Senior & Catholic Urban Program Summer Food Vouchers and cash transactions.

WIC Vouchers Redeemed	384
Senior Vouchers Redeemed	1692
CUP Vouchers Redeemed	374
Cash/Credit/Debit Transaction	\$2,475.09
LINK Transaction	\$ 594.50

EAST SIDE HEALTH DISTRICT

Schedule of Revenues & Expenditures

Year Ended June 30, 2013

REVENUES

Property Taxes

\$197,206.00

Replacement Taxes

\$145,025.00

Fees

\$374,198.00

STATE GRANTS

Basic (Local Health Protection Grant)	\$436,230.00
Dental	\$7,716.00
Genetics	\$25,495.00
Vital Statistics	\$1,632.00
Family Case Management	\$524,725.00
Lead	\$40,250.00
School Base Health Center	\$39,822.00
Health Education	\$48,668.00
HIV Care Consortium	\$2,893.00
Environmental Health/Tobacco Free Communities	\$27,812.00
We Choose Health	\$34,000.00
IAPHA	\$10,309.00
Vector Control	\$23,238.00
Addiction Prevention	\$11,478.00
Project REACH	\$340,591.00

Diabetes
Prostate Cancer

\$55,781.00
\$8,854.00

EAST SIDE HEALTH DISTRICT

Schedule of Revenues & Expenditures

Year Ended June 30, 2013

FEDERAL PASS THROUGH GRANTS

STD General	\$69,147.00
Disease Intervention	\$66,384.00
Addiction Prevention	\$115,546.00
Other	\$581.00
Summer Food Inspections	\$2,175.00
Family Case Management	\$74,257.00
School Base Health Center	\$163,161.00
Federal Financial	\$133,828.00
WIC	\$585,007.00
WIC BF/Peer Counseling	\$62,661.00
Breast/Cervical Cancer	\$41,213.00
Vivian Adams	\$93,550.00
HIV Care Consortium	\$120,477.00
Public Health Preparedness	\$61,708.00
Cities Readiness Initiative	\$61,902.00
Coordinated School Health	\$23,921.00
Farmer's Market	\$990.00
HIV Prevention	\$7,223.00
Cancer Prevention	\$7,358.00
Lead	\$6,581.00
Family Planning	\$25,109.00
Miscellaneous Income	\$15,418.00
Vending Income	\$1,063.00

Insurance Reimbursement

\$129,668.00

EAST SIDE HEALTH DISTRICT

Schedule of Revenues & Expenditures

Year Ended June 30, 2013

EXPENDITURES

Administration	\$508,167.00
Dental Health	\$236,884.00
Family Case Management	\$680,787.00
WIC	\$617,469.00
WIC BF/Peer Counseling	\$62,650.00
Diabetes	\$56,832.00
Public Health Preparedness	\$123,539.00
Nursing/Well Child	\$398,087.00
Coordinated School Health	\$25,075.00
Tobacco	\$27,460.00
Disease Control	\$583,162.00
Genetics	\$25,223.00
Lead	\$63,439.00
Environmental Health	\$398,060.00
Healthy Street	\$9,881.00
Project Youth (REACH)	\$340,591.00
Vector Control	\$23,580.00
Family Planning	\$97,448.00
School Based Health Centers	\$307,065.00
Substance Abuse	\$127,984.00
Interest Expense	\$9,873

TOTAL REVENUES	\$4,224,851.00
TOTAL EXPENDITURES	\$4,723,256.00
EXCESS (DEFICIENCY)	(\$498,405.00)

EAST SIDE HEALTH DISTRICT

Locations



Serving the Residents of

CANTEEN TOWNSHIP

CENTREVILLE TOWNSHIP

EAST ST. LOUIS TOWNSHIP

STITES TOWNSHIP

ADMINISTRATION BUILDING

650 North 20th Street
East St. Louis, IL 62205
(618)271-8722

CAHOKIA SCHOOL BASE CLINIC

800 Range Lane Annex Building
Cahokia, IL 62206
(618)337-3117

CAHOKIA CLINIC

1274 Camp Jackson Rd.
Cahokia, Illinois 62206
(618) 337-4178

EAST ST. LOUIS CLINIC

638 North 20th Street
East St. Louis, IL 62205
(618) 874-4713

EAST ST. LOUIS SENIOR HIGH SCHOOL BASE CLINIC

4901 State Street
East St. Louis, IL 62205
(618) 482-4562

VIVIAN ADAMS

EARLY CHILDHOOD CENTER CLINIC

501 North 10th Street
East St. Louis, IL 62201
(618) 646-3296

WASHINGTON PARK CLINIC

5540 Bunkum Road
Washington Park, IL 62204
(618) 874-4627

FAIRMONT CITY CLINIC

2568 North 41st
Fairmont City, IL 62201
(618) 271-7550