

EAST SIDE HEALTH DISTRICT
preventive health & education services



Public Health
Prevent. Promote. Protect.

2023

Annual Report

Greetings:

East Side Health District has been in existence for 86 years on April 16, 2023. Many things have transpired since its inception. We remain committed to motivating residents to live healthy, active lifestyles through promoting good health practices, protecting communities from disease and preventing illness and injuries in Canteen, Centreville, East St. Louis and Stites Townships.

The vision of East Side Health District remains a catalyst for the surrounding communities by cultivating wellness, community empowerment and policy change through client service, education and cross-organizational collaboration.

The State of Illinois is forever evolving. Many changes and challenges lay before us. We have endured a global pandemic called the Coronavirus. Our services were greatly impacted by the restrictions imposed by the pandemic but we remained ready, willing and able to assist our community for whatever services needed.

Now that the pandemic has been declared over, ESHD still remains strong during challenges that affect the continued operation of its public health sector. I am proud to announce that East Side Health District has continued to provide quality preventive care services, stood at the forefront of fighting the pandemic and has utilized innovative ideas to bring health care to our community.

The Health Department is an integral part of the community. East Side Health District will continue to promote, protect and serve the citizens. Therefore, it is with great pleasure that the staff of East Side Health District would like to extend a "THANK YOU" to the Board of Health and all of the citizens within our jurisdiction and present our 2023 Annual Report for review.

Your public servant,

Elizabeth Patton-Whiteside

Elizabeth Patton-Whiteside, RN, BSN, MBA
Public Health Administrator

EAST SIDE HEALTH DISTRICT
BOARD OF HEALTH

Mark Kern, President	County Board Chairperson
Vanessa Chapman, Treasurer	Stites Township Supervisor
Ricky Eastern, Sr	ESL Township Supervisor
Sally Rodriquez	Canteen Township Supervisor
Curtis McCall, Jr.	Centreville Township Supervisor
Phil Rice	Attorney
Elizabeth Patton-Whiteside	Public Health Administrator
Bhagya Kolli, Assistant Administrator	Assistant Administrator
Dr. Theodore Ross	Medical Director

EAST SIDE HEALTH DISTRICT
ADMINISTRATION & ADMINISTRATORS

Zachary Hicks & Wilma Moore-Carter	Finance
Charme Rainey, Acting	Environmental Health
Marretha McCoy	Executive Administrative Assistant
Angela Clark, Acting Director	Nursing
Michael Barrale, Director	WIC/Family Case Management
Zakiyyah Phillips-Stewart, Director	STD/HIV
Angela Clark, Acting Director	Nursing
Linda Joiner, Program Manager	Health Education
Regina Washington, Program Manager	FCM
Twana Beane, Program Manager	STD
Diana Cummings, Program Manager	Vivian Adams SBHC

WIC & Breastfeeding Peer Counselor Program

Bhagya Kolli, Assistant Administrator
Michael Barrale, MCH Coordinator

WIC is a special supplemental nutrition program for women, infants & children helping pregnant, postpartum & breastfeeding women, infants & children up to the age of 5 to improve family health with good nutrition by providing:

Participants enrolled in WIC	2982
Pregnant women	226
Breastfeeding Women	185
Postpartum Women	193
Infants	781
Children	1597
Nutrition Education Contacts	5946

FAMILY CASE MANAGEMENT & HIGH RISK INFANT FOLLOW-UP PROGRAM

Bhagya Kolli, Assistant Administrator
Regina Washington FCM Program Manager

Case Management Services helps pregnant women, infants & children. Health care & social service needs are met through advocacy & referrals.

Pregnant Women & Infants	896
Telephone Contacts	1897
Home Visits (COVID-19)	16
Face-to-Face Contacts	1118
Screening Developmental	552
Screenings Perinatal Depression (Prenatal & Postpartum)	548
Reproductive Wellbeing (Prenatal & Postpartum)	956
Safe Sleep Education	731

NURSING SERVICES

Angela Clark, Acting Nursing Director

OTHER CHILD & ADOLESCENT SERVICES

By appointment we provide community residents with preventive & screening services for children & adolescents from birth to age 19. Clinic suspended during pandemic except for some adult TB/immunization

IMMUNIZATIONS, WELL CHILD EXAMS & PHYSICALS

- Immunizations for infants & school aged children & adults.
- Well child exams for children up to age 5, including health history, lab work & immunizations.
- School physicals for students in kindergarten through high school. (A fee may be required)
 - Adult Physicals. (Fee required)

Age 0-2	3
Age 3-18	32
Age 19 & older	0
TB tests	254
Physicals	0

LEAD POISONING PREVENTION PROGRAM

Lead screening for preschool age children, and identification & medical management of lead poisoning in young children.

Clients Screened for Lead	217
Number elevated (5 & above)	15
Environmental Inspections	47

SCHOOL BASED CLINICS

Located in two high schools & one pre-school, these clinics provide health education & health care services to students: Physical Examinations, Health education & counseling, Medical & social service referrals, sexually transmitted disease testing & treatment, Abstinence education and Laboratory testing.

EAST ST. LOUIS HIGH SCHOOL

Physical Exams	389
Other Visits	68

CAHOKIA HIGH SCHOOL

Physical Exams	262
Other Visits	26

VIVIAN ADAMS

Diana Cummings, RN, Program Manager

Preschool based clinic offering health care services & health education

Physical Exams	68
Other Visits	71

COMMUNICABLE DISEASE SERVICES

Reduces the spread of disease through prevention education & specific diagnostic services. Clients are monitored for: Childhood communicable diseases, Food borne illnesses, Sexually transmitted diseases and HIV/AIDS

COVID 19 Positive Case	1013
Monkey Pox	2
COVID 19 Deaths	2
Hepatitis A	20
Hepatitis B	26
Hepatitis C	26
Prenatal Hep B	0
Salmonellosis	5
Shigellosis	2
Campylobacteriosis	4
Cryptosporidiosis	2
Psittacosis	0
E Coli	3
Strep Pneumonia	2
Influenza A/ICU admit	6
Legionellosis	0
Lyme Disease	1
Spotted Fever Rickettsioses	0
Histoplasmosis	0
West Nile	1
Norovirus	0
Meningitis Group C	1
Strep Group A	5
Q Fever	0
Haemophilus Invasive Influenza Disease	4
Brucellosis	0
Rabies Exposure	26
Varicella	1
Pertussis	1
RSV	2
Monkey Pox	2

DENTAL HEALTH PROGRAM

Dr. Brett Irving

Dental exams, cleanings, fluoride treatments, sealants & referrals for children age 2- 19.

EAST ST. LOUIS HIGH SCHOOL

Dental Exams	138
Cleaning/Fluoride	138
Total Sealants	935

LINCOLN MIDDLE SCHOOL

Dental Exams	86
Cleaning/Fluoride	86
Total Sealants	486

OFFICER ELEMENTARY SCHOOL

Dental Exams	114
Cleaning/Fluoride	114
Total Sealants	377

STI/HIV

Zakiyyah Phillips-Stewart, Director
Twana Beane, Program Manager
Kenecia Dones NP, Program Manager

SEXUALLY TRANSMITTED DISEASE PROGRAM

A CONFIDENTIAL service for individuals:

- Who have a sexually transmitted disease.
- Who suspect they have a sexually transmitted disease.
- Who may have had contact with an infected person.

The STD clinic offers diagnosis, treatment, education & condoms to prevent the spread of STI's.
Services impacted by the pandemic

Total Seen in Clinic	607
----------------------	-----

TESTS PERFORMED

Gonorrhea/Chlamydia	520
Syphilis	520
HIV Testing	491
Risk Assessment Surveys	522
Gonorrhea/Chlamydia Throat Culture	26

Gonorrhea/Chlamydia Rectal Culture	4
------------------------------------	---

RYAN WHITE MEDICAL CASE MANAGEMENT SERVICES

HIV COUNSELING & TESTING SERVICES

Free confidential services for persons who may have been exposed to the Human Immunodeficiency Virus (HIV), the virus that results in AIDS.

Enrolled Clients	105
Program Contacts	1338

HIV Prevention

HIV Counseling & Testing Encounters	1150
Syphilis	62
Gonorrhea/Chlamydia	62
Needle Exchange	15

COVID-19 TESTING

Total number tested	1823
Total number of negative tests	1790
Total number of positive tests	33
Positive Rate	1.8%

ENVIRONMENTAL HEALTH

Charme Rainey, Acting Director

The Environmental Health Division is responsible for implementing environmental health programs that protect & educate the public. These programs involve regulatory inspections, mosquito disease surveillance & public education material. Services were impacted by the COVID-19 pandemic. Services included: Food Service Establishment operations, Food Safety, Summer Food Program, Temporary Food Operations education & permitting, Private Sewage System permitting & inspection, Water Well permitting, inspections & sampling, Mosquito disease surveillance, Vector Control Program, Public Nuisance Investigations, & Emergency Preparedness & Response Planning.

Food Inspections (permitted facilities)	658
Summer Food/Adult Care Program Inspections	27
Private Sewage Systems Permits Issued	5
Water Well Permits Issued	0

Water Samples	3
Mosquito Batch Testing for WNV	28
Private Sewage System Consultations/Complaint Investigations	0
Nuisance & Vector Consultations/Complaints Investigations	7
Temporary Food Establishment Training on Food Safety	7
Private Sewage Systems Permits Issued	5
Larvicide Applications	18
Temporary Food Establishment Inspections	39
Food Service Consultations/Complaints Investigations	22

VITAL RECORDS

Birth & death records are maintained at the districts' 20th Street Administration office. An official record is maintained of each birth and each death occurring in the District's service area.

Deaths	533
Births	1

HEALTH EDUCATION PROGRAMS

Linda Joiner, Program Manager

SUBSTANCE ABUSE PREVENTION

In partnership with School District 189 in schools – Lincoln Middle, Mason-Clark Middle School. Due to the COVID-19 pandemic, services were severely impacted.

Students Served	1732
Indirect Population	147

AGE

5-11	0
12-14	1732
15-20	0
21-24	24
25-44	81
45-64	26
65 and over	16

GENDER

Male	866
Female	1013

RACE

White	26
Black/African American	1811
Race Not Known/Other	42
Total Served	1879

F.R.E.S.H FARMER'S MARKET

Doris Stewart, Volunteer Manager

The F.R.E.S.H. FARMER'S MARKET (FFM) is open seasonally from June through October but due to the COVID-19 Pandemic the FFM had limited services for the 2022-2023 season. Produce for the market was supplemented by the DeMange, Breaudigaum, and Keller farms. The FFM accepts EBT - LINK, Credit, Debit, Cash, WIC & Senior Summer Food Vouchers. The purpose of the FMNP is to provide fresh fruits, vegetables and herbs from farmer's markets to women, children and seniors at nutritional risk. Expand awareness and use of farmers markets through increased sales during the summer season. FMNP provides free coupons to eligible WIC Program Participants – Pregnant, Postpartum, Breastfeeding women and children 1-5 years of age. Eligible seniors who are 60+ years old and who have household incomes of not more than 185% of the federal poverty income guidelines.

	DISTRIBUTED	REDEEMED	TOTAL
WIC COUPONS	800@30		\$24,000.00
WIC COUPONS		131@\$5	\$655.00
SR COUPONS	825@50		\$41,250.00
SR COUPONS		232@\$5	1,160.00
CASH/CREDIT/DEBIT			\$1,240.00
SNAP/LINK			\$285.00
HEALTHIER TOGETHER BUCKS	76@\$10	76@10	\$760.00
EXPENSE			-\$3720.10
GRAND TOTAL			\$380.00
AVG # OF VENDORS			1
AVG DAILY ATTENDANCE			25
AVG. SEASON ATTENDANCE			250



EAST SIDE HEALTH DISTRICT

Schedule of General Revenues & Expenditures
Year Ended June 30, 2023

REVENUES

Property Taxes

\$214,708

Replacement Taxes

\$496,833

Fees

\$181,939

State & Local & Federal Pass-through Grants

\$3,508,897

Miscellaneous Income

\$26,732

Vending Income

\$614

Total General Revenues

\$4,429,723

EAST SIDE HEALTH DISTRICT

Schedule of General Revenues & Expenditures
Year Ended June 30, 2023

EXPENDITURES

Total Expenditures
\$4,385,994

Net Change in Fund Balance
\$43,729

Fund Balance, Beginning of Year
\$789,105

Fund Balance, End of Year
\$832,834

EAST SIDE HEALTH DISTRICT

Locations



Serving the Residents of
CANTEEN TOWNSHIP
CENTREVILLE TOWNSHIP
EAST ST. LOUIS TOWNSHIP
STITES TOWNSHIP

ADMINISTRATION BUILDING
650 North 20th Street
East St. Louis, IL 62205
(618)271-8722

CAHOKIA SCHOOL BASE CLINIC
800 Range Lane Annex Building
Cahokia, IL 62206
(618)337-3117

CAHOKIA CLINIC
1274 Camp Jackson Rd.
Cahokia, Illinois 62206
(618) 337-4178

EAST ST. LOUIS CLINIC
638 North 20th Street
East St. Louis, IL 62205
(618) 874-4713

EAST ST. LOUIS SENIOR HIGH
SCHOOL BASE CLINIC
4901 State Street
East St. Louis, IL 62205
(618) 482-4562

VIVIAN ADAMS
EARLY CHILDHOOD CENTER CLINIC
501 North 10th Street
East St. Louis, IL 62201
(618) 646-3296

WASHINGTON PARK CLINIC
5540 Bunkum Road
Washington Park, IL 62204
(618) 874-4627

FAIRMONT CITY CLINIC
2568 North 41st
Fairmont City, IL 62201
(618) 271-7550