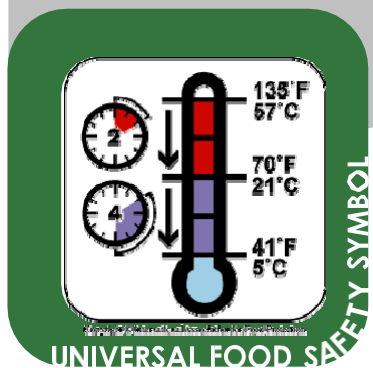


# COOL FOODS SAFELY

Keep germs from growing in your food...Use proper cooling methods!

## IMPORTANT

Cool all hot foods from  
135°F to 70°F  
in  
2 hours or less  
then from  
70°F to 41°F  
in  
4 hours or less!



**1** Ice Bath



**2** Ice Wand



**3** Shallow Pans  
(not deeper than 2 inches)

**Blast  
Chiller**



**4**



East Side Health District  
Serving Townships of:  
Canteen, Cahokia Heights,  
East St Louis, Stites Township

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