



East Side Health District

Preventative Health & Education Services

2024

ANNUAL REPORT



618-271-8722



650 N 20th Street, East St. Louis, IL 62205



www.eastsidehealthdistrict.org

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East Side Health District Board of Health

Mark Kern, President

Vanessa Chapman, Treasurer

Ricky Eastern, Sr

Sally Rodriquez

Curtis McCall, Jr.

Phil Rice

Elizabeth Patton-Whiteside

County Board Chairperson

Stites Township Supervisor

ESL Township Supervisor

Canteern Township Supervisor

Centreville Township Supervisor

Attorney

Public Health Administrator



Greetings:

East Side Health District has been in existence for 87 years on April 16, 2024. Many things have transpired since its inception. We remain committed to motivating residents to live healthy, active lifestyles through promoting good health practices, protecting communities from disease and preventing illness and injuries in Canteen, Centreville, East St. Louis and Stites Townships.

The vision of East Side Health District remains a catalyst for the surrounding communities by cultivating wellness, community empowerment and policy change through client service, education and cross organizational collaboration.

The State of Illinois is forever evolving. Many changes and challenges lay before us. We have endured a global pandemic called the Coronavirus. Our services were greatly impacted by the restrictions imposed by the pandemic but we remained ready, willing and able to assist our community for whatever services needed.

Now that the pandemic has been declared over, ESHD still remains strong during challenges that affect the continued operation of its public health sector. I am proud to announce that East Side Health District has continued to provide quality preventive care services, stood at the forefront of fighting the pandemic and has utilized innovative ideas to bring health care to our community.

The Health Department is an integral part of the community. East Side Health District will continue to promote, protect and serve the citizens. Therefore, it is with great pleasure that the staff of East Side Health District would like to extend a "THANK YOU" to the Board of Health and all of the citizens within our jurisdiction and present our 2024 Annual Report for review.

Let us know how we can serve you better.

Your public servant,

Elizabeth Patton-Whiteside

Elizabeth Patton-Whiteside, RN, BSN, MBA
Public Health Administrator
East Side Health District

East Side Health District Staff

Administration

Elizabeth Patton-Whiteside

Dr. Theodore Ross

Bhagya Kolli

Marretha McCoy

Zachary Hicks

Wilma Moore-Carter

Public Health Administrator

Medical Director

Assistant Administrator

Executive Assistant

Financial Officer

Accountant

Environmental Health

Brian White, LEHP **Director**

Sanitarians

Environmental Health Specialist

Environmental Health Technician

Clinical Services

Angela Clark, RN, BSN **Director**

Nurses

LPN's

MA's

STD/HIV

Zakiyyah Phillips **RW Manager**

Twana Beane **STD Manager**

Nurse Practitioner

Medical Case Managers

Disease Intervention Specialist

MA's

Maternal Child Health

Sydney Grellner, MPH **Director**

Regina Washington **Manager**

Nutritionists

Case Managers

Breastfeeding Peer Counselors

Clerks

Safety Department

Michael Dill **Director**

Custodians

General Laborer

Health Education

Linda Joiner **Prog Manager**

ESHD Programs at a glance



Food Service Inspections



Well water Inspections



Private Sewage Inspections



Vector Surveillance



Emergency Preparedness



Lead Poisoning Prevention



Immunizations



Communicable Disease Investigation



Well Child Physicals



Dental Exams



STI Prevention & Testing



HIV Counseling



Birth & Death Certificates



Substance Abuse Prevention



WIC program



Breastfeeding Peer Counselor



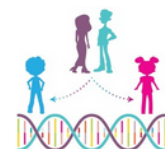
Family Case Management



Farmers Market



Oral Health



Genetics

Environmental Health

The Environmental Health Division is responsible for implementing environmental health programs that protect & educate the public. These programs involve permitting, regulatory inspections, complaint investigations, & public education material. Services included: Food Service Establishment operations, Food Safety, Summer Food Program, Temporary Food Operations education & permitting, Private Sewage System permitting & inspection, Water Well permitting, inspections & sampling, Mosquito disease surveillance, Vector Control Program, Public Nuisance Investigations, & Emergency Preparedness & Response Planning.



Food Sanitation

Licenses and inspects food establishments, including temporary food vendors. Educates the public about safe food handling, preparation and storage and preventing foodborne illnesses.

Food Inspections	535
Summer Food/Adult care Program Inspections	25
Temporary Food Establishment Training on Food Safety	27
Temporary Food Establishment Inspections	89
Food Service Consultations/Complaint Investigations	19

Potable Water Program

Ensures proper installation and repair of privately owned wells and sewage disposal systems. Prevents the transmission of disease caused by exposure to sewage and contaminated drinking water.

Water Well Permits Issued	3
Water Samples Collected	4

Private Sewage

Private Sewage Systems Permits Issued	5
Private Sewage System Consultations/Complaint investigations	8

Vector Control & Surveillance

The Vector Program is to conduct surveillance activities to identify, control and reduce the population of specific insects that have the potential for becoming disease vectors.

Mosquito Batch Testing for WNV	33
Nuisance & Vector Consultation/Complaint Investigations	9
Tick Drags	3
Larvicide Applications	37

Body Art Inspections

To prevent the occurrence of injury, infection, and disease transmission as a result of improper Body Art or aftercare procedures.

Body Art Inspections	1
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Vital Records

Birth & death records are maintained at the districts' 20th Street Administration office. An official record is maintained of each birth and each death occurring in the District's service area

Deaths	444
Births	0

Clinical Services

The Clinical Health Staff aim to protect the health and wellness of ESHD residents through a number of clinical based services such as immunizations, health screenings, communicable & chronic disease prevention, Lead poisoning & school based health centers.

Immunizations

Immunizations for infants & school aged children & adults. Well child exams for children up to age 5, including health history, lab work & immunizations, School physicals for students in kindergarten through high school.

Age 0-2	1
Ages 3-18	1678
Ages 19 & older	155
Tuberculosis Tests	220
Physicals	1381

Lead Poisoning Prevention Program

Early detection of lead poisoning is important in the prevention of learning disabilities, behavioral problems, brain damage, muscle weakness, or even death.

Clients Screened for Lead	828
Number of Elevated Lead levels	16
Environmental Inspections	12
Home Visits	12
Open Capliaries	21

School Based Health Centers

Located in two high schools & one pre-school, these clinics provide health education & health care services to students: Physical Examinations, Health education & counseling, Medical & social service referrals, sexually transmitted disease testing & treatment, Abstinence education and Laboratory testing.

East St. Louis Senior High School

Physical exams	631
Other Visits	145

Cahokia High School

Physical exams	490
Other Visits	226

Vivian D Adams Early Childhood

Preschool based clinic offering health care services & health education.

Physical exams	260
Sick Visits	16

Dental Health Programs

School Base Dental Clinic provides care to meet the oral health needs of children in a school setting which includes dental exams, cleanings, fluoride treatments, sealants, Prophylaxis & Education on practicing good oral health for children age 2- 19.

East St. Louis Senior High School

Dental Exams	155
Cleaning/Fluoride	155
Total Sealants	966

Lincoln Middle School

Dental Exams	47
Cleaning/Fluoride	47
Total Sealants	283

Officer Elementary School

Dental Exams	68
Cleaning/Fluoride	68
Total Sealants	234

Health Education

In partnership with School District 189 in schools – Lincoln Middle & Mason-Clark Middle School.

Age Substance Abuse Program

12-14 years	3087
21-24	28
25-44	131
45-64	124
65+	65
Age Unknown	278

Gender

Male	1657
Female	2056

Race

White	19
Black/African American	3593
Race not known/more than one race/other	101
Total	3713

Communicable Disease Services

Reduces the spread of disease through prevention education & specific diagnostic services. Clients are monitored for: Childhood communicable diseases, Food borne illnesses, Sexually transmitted diseases and HIV/AIDS.

Hepatitis C	133	Strep Pneumonia	2
Hepatitis B	15	Influenza Deaths	1
Hepatitis A	3	Influenza w/ICU admit	7
Salmonellosis	8	Haemophiles Invasive Influenza Disease	8
Shigellosis	16	Brucellosis	1
Novovirus	1	West Nile Virus	1
Streptococcal Group A	2	Histoplasmosis	2
Campylobacteriosis	1	Rabies exposure	36
E Coli	1	Varicella	1
Listeria Invasive Disease	1		

Sexually Transmitted Disease Program

The STD clinic offers diagnosis, treatment, education & condoms to prevent the spread of STI's.

Total # of Patients Seen		794
Tests	Gonorrhea/Chlamydia	656
	Gonorrhea/Chlamydia Throat Cultures	47
	Gonorrhea/Chlamydia Rectal Cultures	15
	Syphilis	653
	HIV Testing	602
	Risk Assessment Surveys	664

RYAN WHITE MEDICAL CASE MANAGEMENT SERVICES

Free confidential services for persons who may have been exposed to the Human Immunodeficiency Virus (HIV), the virus that results in AIDS.

Enrolled Clients	115
Program Contacts	1692

HIV Prevention

HIV prevention programs aim to reduce the spread of HIV infection by providing individuals with access to information, resources, and tools to protect themselves.

HIV Counseling & Testing encounters	172
Syphilis	51
Gonorrhea/Chlamydia	51
Needle Exchange Clients	25
Routine HIV Testing	602

Maternal Child Health

Supplemental Nutrition program for Women, Infants & Children-WIC

WIC is a special supplemental nutrition program for women, infants & children. Our services focus on pregnant, postpartum & breastfeeding women, infants & children up to the age of 5 in order to improve family health through nutrition counseling, physical health education, and nutritious food benefits.

WIC Contractual Goal Caseload	2834
Participants enrolled in WIC	2926
Pregnant women	234
Breastfeeding Women	206
Postpartum Women	278
Infants	495
Children	1713
Nutrition Educations Provided	8357

Maternal Child Health

Family Case Management & High risk Infant Follow-up Program

Case Management Services provides resources and counseling to pregnant women, infants & children up to age 1. Health care & social service needs are met through advocacy & referrals.

Pregnant Women & Infants	982
Telephone Contacts	915
Face-to-face Contacts	1456
Developmental Screenings	338
Perinatal Depression Screenings (Prenatal & Postpartum)	429
Reproductive Wellbeing (Prenatal & Postpartum)	699
Safe Sleep Education	481

Maternal Child Health

Breastfeeding Peer Counselor Program

The Breastfeeding Peer Counselor Program aims to provide pregnant and new moms with support and resources to promote breastfeeding practices. We work to achieve these goals by connecting with and providing emotional and physical support.

Exclusively Breastfeeding Women	43
Partially Breastfeeding women	163
Breast pumps acquired through WIC assistance	56
Exclusively Breastfed Infants	51
In Person Clinic Visits	286
Home/Hospital Visits	16
Phone Contacts	621

Maternal Child Health

Oral Health Program

The Oral Health Program provides Oral Health Toothbrush Kits, connections to local dental homes, and oral health education/ counseling to help individuals reach their oral health goals. Through the dispersal of oral kits and other oral health resources, we can assess our impact:

Pregnant Women	107
Children and Infants	239
Giveaways	2
Fluoride Water Bottles Dispersed	88
Total Kits Dispersed	346

Genetics Screening Program

The Genetic Counseling Program focuses on providing pregnant women and children with access to genetic counseling resources in order to assess, diagnose, and treat genetic linked conditions. These services are assessed through assessments and completed referrals.

Pregnant Women Screened	7
Infants Screened	12
Postpartum Women Screened	11
Referrals Made	2

F.R.E.S.H Farmer's Market

The F.R.E.S.H. FARMER'S MARKET (FFM) is open seasonally from June through October to support, promote and sustain the FRESH Community Teaching Garden. The aim is to increase access to fresh, locally grown produce for low-income individuals and families, supporting healthy eating habits and local economies. Produce for the market is also supplemented by the DeMange, Braeutigam Orchards, and Keller farms. The FFM accepts EBT - LINK, Credit, Debit, Cash, WIC & Senior Summer Food Vouchers.

	Distributed	Redeemed at FRESH Market	Expenses
WIC Coupons	800(\$30 each) \$24,000	\$ 1045	
Senior Coupons	1000(\$50) \$50,000	\$ 4660	
Healthier Together Bucks	134 (\$10) \$1340	\$ 1340	\$ 1340
Cash/Credit/Debit		\$ 3395	
SNAP/LINK		\$ 508	
Produce Expenses			\$ 6109.91
Average Daily Attendance			50
Average Season Attendance			800

Schedule of General Revenues & Expenditures

Year Ended June 30th 2024

Revenues

Source	Amount
Property Taxes	\$226,798
Replacement Taxes	\$299,382
Fees	\$95,414
State & Local Federal Pass-through grants	\$2,996,624
Miscellaneous Income	\$26,380
Vending Income	\$588
Total General Revenues	\$4,429,723

Expenditures

Total Expenditures	\$4,141,860
Net Change in Fund Balance	\$496,366
Fund Balance, Beginning of Year	\$1,046,482
Fund Balance, End of Year	\$550,116

East Side Health District

Clinic Locations

ESHD Administration

*650 North 20th Street
East St. Louis, IL 62205
(618)271-8722*

East St. Louis Clinic

*638 North 20th Street
East St. Louis, IL 62205
(618)271-8722*

Washington Park Clinic

*5540 Bunkum Road
Washington Park, IL 62204
618-578-7760*

Cahokia WIC Clinic

*1825 Jerome Lane
Cahokia Heights, IL 62206
618-337-4178*

Fairmont City WIC Clinic

*2568 N 41st Street
Fairmont City, IL 62201
618-271-7750*

School Based Health Centers

East St. Louis Senior High School

*4901 State Street
East St. Louis, IL 62205
618-482-4562*

Cahokia High School

*800 Range Lane
Cahokia Height, IL 62206
618-337-3117*

Vivian Adams Early Childhood Center

*501 North 10th Street
East St. Louis, IL 62201
618-646-3296*



This institution is an equal opportunity provider.